

## December 2019 Breakfast



Mon	Tue	Wed	Thurs.	Fri
<u>2</u> Cinnamon Bread	<u>3</u> Muffins	<u>4</u> Animal Crackers	<u>5</u> Bagel	<u>6</u> Cereal Bowl
Fruit			Cream Cheese	Fresh Fruit
	String Cheese	Yogurt		
Gogurt	Fresh Fruit	Fresh Fruit	Fresh Fruit	Milk
Milk	Milk	Milk	Milk	
9	10	11	12	13
- Granola Bar	Muffins	<b>French</b> Toast	Bagel	<b>Cereal Bowl</b>
Fruit	String Cheese	Yogurt	Cream Cheese	Fresh Fruit
Gogurt	Fresh Fruit	Fresh Fruit	Fresh Fruit	Milk
Milk	Milk	Milk	Milk	
<u>16</u>	17	18	<u>19</u>	20
<b>Cinnamon Bread</b>	Muffins	Animal Crackers	Bagel	<b>Cereal Bowl</b>
Fruit	String Cheese	Yogurt	<b>Cream Cheese</b>	Fresh Fruit
Gogurt	Fresh Fruit	Fresh Fruit	Fresh Fruit	Milk
Milk	Milk	Juice	Milk	
23	<u>24</u>	25	26	27
WIN	TER	BRE	<b>AK</b>	

All lunches come with Milk. Menu substitutions may be needed and will be replaced with items of similar nutritional value.

Milk options are 1% white milk or fat free chocolate milk.



## **December 2019 Lunch**



Mon	Tue	Wed	Thurs.	Fri
2	3	4	5	6
Chicken Drumstick	Soft tacos/Ground Beef		Chicken Patty	Bosco Sticks
Mashed Potatoes	Fried Beans	Celery	Broccoli	Marinara Sauce
Fruit	Shredded Cheese	Fruit	Fruit	Corn
Milk	Fruit	Milk	Milk	Fruit
	Milk			Milk
9	<u>10</u>	11	12	13
	Cheese Burger	Nachos	Sweet & Sour	Chicken Nuggets
Carrots	Tatar-tots	<b>Fried Beans</b>	Popcorn Chicken	Broccoli
Fruit	Fruit	Fruit	<b>Rice / Salad</b>	Fruit
Milk	Milk	Milk	Fruit	Milk
			Milk	
<u>16</u>	<u>17</u>	<u>18</u>	<u>19</u>	<u>20</u>
Rottini Pasta	Chicken Patty/Bun	Cheese Pizza	Grilled Chicken	Hot Dog/ Bun
Garlic Bread	Salad	Carrots	Vegetable Rice	<b>Baked Beans</b>
Fruit	Fruit	Fruit	Cucumber	Fruit
Milk	Milk	Milk	Fruit	Milk
			Milk	
23	24	<u>25</u>	<u>26</u>	27
WIN				
	TER	BRE	AN	ALS OTA

All lunches come with Milk. Menu substitutions may be needed and will be replaced with items of similar nutritional value. Milk options are 1% white milk or fat free chocolate milk.