

<b>Mon</b>	<b>Tue</b>	<b>Wed</b>	<b>Thurs.</b>	<b>Fri</b>
<u>30</u>  <b><u>WINTER BREAK</u></b>	<u>31</u>  <b><u>WINTER BREAK</u></b>	<u>1</u>  <b><u>WINTER BREAK</u></b>	<u>2</u>  <b><u>WINTER BREAK</u></b>	<u>3</u>  <b><u>WINTER BREAK</u></b>
<u>6</u> Cinnamon Bread Fruit Gogurt Milk	<u>7</u> Muffins Cheese Stick Fresh Fruit Milk	<u>8</u> Animal Crackers Yogurt Fresh Fruit Milk	<u>9</u> Bagel Cream Cheese Fresh Fruit Milk	<u>10</u> Cereal Bowl Fresh Fruit Milk
<u>13</u> Granola Bar Gogurt Fresh Fruit Milk	<u>14</u> Muffins Cheese Stick Fresh Fruit Milk	<u>15</u> French Toast Cheese Stick Yogurt Fresh Fruit Milk	<u>16</u> Cereal Bowl Fresh Fruit Milk	<u>17</u> Cereal Bowl Fresh Fruit Milk
<u>20</u> MARTIN LUTHER KING JR DAY *NO SCHOOL*	<u>21</u> Muffins Cheese Stick Fresh Fruit Milk	<u>22</u> Animal Crackers Cheese Stick Yogurt Fresh Fruit Juice	<u>23</u> Bagel Cream Cheese Fresh Fruit Milk	<u>24</u> Cereal Bowl Fresh Fruit Milk
<u>27</u> Cinnamon Bread Fruit Gogurt Milk	<u>28</u> Muffins Cheese Stick Fresh Fruit Milk	<u>29</u> French Toast Cheese Stick Yogurt Fresh Fruit Milk	<u>30</u> Bagel Cream Cheese Fresh Fruit Milk	<u>31</u> Cereal Bowl Fresh Fruit Milk

## January Breakfast 2020

All lunches come with Milk. Menu substitutions may be needed and will be replaced with items of similar nutritional value.

Milk options are 1% white milk or fat free chocolate

# January Lunch 2020

Mon	Tue	Wed	Thurs.	Fri
<u>30</u> <b>WIN</b>	<u>31</u> <b>TER</b>	<u>1</u> <b>BRE</b>	<u>2</u> <b>AK</b>	<u>3</u>
<u>6</u> Chicken Drumstick Mashed Potatoes Fruit Milk	<u>7</u> Spaghetti with Meat Balls celery Fruit Milk	<u>8</u> Cheese Pizza Salad Fruit Milk	<u>9</u> Nachos with Meat Corn Tortilla Chips Shredded Cheese & Lettuce / Fried Beans Fruit Milk	<u>10</u> Chicken Nuggets Corn Fruit Milk
<u>13</u> Cheese Rotini Pasta Garlic Bread Fruit Milk	<u>14</u> Cheese Burger Celery Fruit Milk	<u>15</u> Chicken Fries Salad Fruit Milk	<u>16</u> Orange Chicken Broccoli Rice Fruit Milk	<u>17</u> Bosco Stick Carrots Fruit Milk
<u>20</u> MARTIN LUTHER KING JR DAY *NO SCHOOL*	<u>21</u> Chicken Alfredo Pasta Broccoli Fruit Milk	<u>22</u> Meatball Subs Salad Fruit Milk	<u>23</u> Soft Taco Fried Beans Shredded Cheese Fruit Milk	<u>24</u> Hot Dog Corn Fruit Milk
<u>27</u> Chicken Drumsticks Mashed Potatoes Fruit Milk	<u>28</u> Pizza Calzone Celery Fruit Milk	<u>29</u> Chicken Patty Salad Fruit Milk	<u>30</u> Nacho with Meat Corn Tortilla Chips Shredded Cheese Shredded Lettuce Fried Beans Fruit Milk	<u>31</u> Chicken Fries Carrots Fruit Milk

All lunches come with Milk. Menu substitutions may be needed and will be replaced with items of similar nutritional value.  
Milk options are 1% white milk or fat free chocolate milk.